Emergency primary phone-49822079 (As this phone is in the Primary classroom, please only use for emergencies when our secretary is not at the school).

NEWSLETTER –Mon 24th August 2015 - Term 3 Week 7

REMINDERS
Mon 24th Aug  TPT Gym program 2 - 3pm transport needed
Tues 25th Aug  Alternative Energy Day + Free Incursion K-6
Wed 26th Aug  Footsteps Dance Co Free dance class trial K-6
Fri 28th Aug  Regional Athletics, Hunter Sports Centre, Glendale
Thurs 3rd Sept  Hunter Life Education Van visit- Cyber Safety- School funded
Thurs 10th Sept  Williams River Catchment Crawl Yr. 3-6
Mon 14th Sept  Summerhill PS Orchestral visit – bring a plate of morning tea.
Fri 18th September  Last Day term 3

Thank You - To Kevin Schwager for putting together our school garden trolley for us last week. Greatly appreciated!

Congratulations - to our Yr. 3 and Yr. 5 students on their NAPLAN results which were given out late last week. We were very pleased with the results of our students. Well done! Remember NAPLAN tests are just one set of tests on three particular days in the life of a child. We educate the whole of the child in every way at BFPS. If any parents would like to discuss their child’s results with Megan, please make an appointment.

Port Stephens Woodworking Group – See our industrious students on Facebook! Thank you to the Woodworking group for their time and expertise!

SMART Money Session- Fri 21st Aug –K-6 See photos

Good luck - to Maisie, Scott, Bayley and Connor who are competing in the Small Schools Relay at Regional Athletics on Friday. Notes went home today and must be returned to school for signing and then taken on the day. Transport should be arranged between parents.

Community Engagement Funding - We have received some additional funding for Community Engagement and would like to spend some of it on paying a parent or community member who has some gardening expertise to work on and add to our school gardens and outdoor learning areas. If you think you have the skills, time and energy please see Megan.
Hunter Life Education Van – will be visiting our school on Thursday September 3rd. The cost is $10, but the school will be covering the cost. See information and permission note attached to the newsletter.

TPT Gymnastic program - as part of our Sporting Schools Program we will be taking all K-6 students to TPT gymnasium at 95A Stockton St Nelson Bay on Mondays from 2-3pm for the remainder of the term, starting on Monday 24th August. The program will run for 4 sessions. We will require some parent transport. There will be no cost to parents or students as this is part of the grant funding. Please pack extra food and water. Parents can pick their child up from the gym, or teachers or parents will bring any other students back to school by 3.20pm or drop off at home if necessary. Please complete the permission form at end of newsletter.

UPDATED SCHOOL BROCHURE – Thank you to our local family businesses and supporters; Port Stephens Computer Repairs 0421204119, Precise Paving and Landscaping 0402054886, Sandyhills Premium Avocados 0414242855, Daniel Brunt Building 0403724837 Port Stephens Chiropractic and Yoga 49811664 and Imagine Cruises 49849000. We also thank M&K Barnes Canvas & Upholstery Services 0432557530 for coming on board with financial support for our new school brochure. Thank you for the payments! Our brochure will be out soon and will give the wider community the chance to see the wonderful school we have at Bobs Farm.

ALTERNATIVE ENERGY DAY – Binless LUNCH- POWER DOWN! Tues 25th August 9.30-3pm – As part of our theme on sustainability we are organising a special Alternative day at BFPS! We will start the day with both classes completing special activities where they will learn about sustainable practices. We have a special visit from the Newcastle Wetlands personnel who will discuss alternative energy and complete an energy audit with the students before finishing the day using up the rest of their energy in NRL workshop. Students can come out of uniform for a gold coin donation! Please pack a binless lunch (i.e. no disposable wrapping used) and no computers or electrical appliances will be used during the day at school. Interested parents are asked to come along if they are available. Workstations will include; solar/salt water robot making, Roller Coaster Science, recycled beads, salt water spider, 6 in 1 solar cart, bug catchers, making a future farm, recycle relay, nature collage climate change experiments. The WETLANDS centre is bringing a whole range of exciting alternative energy machines and activities. Depending on how many parent helpers we have we will determine how many activities we can do as most students will need some help. We would appreciate a few items to be brought in to school for example large coke bottles for terrariums and coloured magazines.

Sporting Schools program – We have the NRL Game Development squad running a Tuesday afternoon program in school time for K-6 students. TPT Gym on a Monday for the next 4 weeks until the end of term.

Primary Art news – Any children who would like to bring their masks that we made in class back into school. Mrs Merrilees is looking for some to send to an exhibition in October. It would be a fantastic opportunity to show them off!

Monday at BFPS from Sarah’s journal, Year 6 –
Broom, Broom, “Come on you silly truck!” said the maintenance guy. On Monday 24th August a truck came to our school to dump topsoil to fill in holes in the lawn. Our field was super damp and Mrs Elliott said to the guy to go down Hays Drive or wheelbarrow the dirt down, but the guy did not listen and went with the truck idea! He drove half way through the gates and got stuck! The guy tried to drive out, but it kept making the hole deeper. He put sticks under the wheel but they snapped. Sarah said, “He should have listened to Mrs Elliott!” He kept putting sticks and dirt under the wheel. The hole was getting deeper, about a half an hour later he finally got out! He had a big mess to clean up. I think he has learnt his lesson to listen to Mrs Elliott. All the Primary class were so pleased he finally got out.

Woolworths earn & learn program – Don’t forget we are taking part in the Woolworths Earn & Learn program again this year. You can help our school by collecting Woolworths Earn & Learn Points. Just collect
Woolworths Earn & Learn Points when you shop at Woolworths between Monday 15 July and Tuesday 8 September 2015. We will redeem these for awesome educational resources for our school.

Simply pop them onto a Woolworths Earn & Learn Points Sheet and once it’s completed, just bring it back to school or drop it into the Collection Box at your local Woolies. The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we’d like to get lots of new gear! Products in the range include resources for mathematics, English, science, art & crafts, through to sports gear, library supplies and more.

**WANGAT LODGE BARRINGTON ANNUAL SCHOOL EXCURSION- Term 4 Wed 7th - Fri 9th Oct** –
This was booked for our school group earlier in the year. It is now time to get organised and pay $10 pp deposits so we know who will be attending and if it will be viable. Kinder and year one students and parents attend for the day only (parent cars or mini bus if needed on the Thursday).
For Yr. 2-6 plus any parents attending for the 2 nights three days approximate costs are to be worked out with P&C. Please complete the note for our organisational purposes with $10 deposit so we know we can go ahead. Our P&C has kindly decided to donate $100 per student attending! It is always a wonderful learning experience for everyone involved. See itinerary!


**Private Vehicle Conveyance Subsidy (PVC)** – This subsidy is available to NSW residents where there is no public transport available to transport an eligible student for all, or part, of their journey to school. If you think you are eligible please apply online at [http://www.transport.nsw.gov.au/customers/ssts/students-parents-and-guardians/pvc](http://www.transport.nsw.gov.au/customers/ssts/students-parents-and-guardians/pvc)
Here are some Subsidy Rates Schedules per child per day.
0.0 to 1.6km $0.68
1.7 to 8.0 km $3.79
8.1 to 16 km $7.55
16.1 to 24 km $11.39

**TPT Gymnastics Program**

I give permission for my child/children ………………………………………………….. to attend gymnastics sessions at TPT 95A Stockton St, Nelson Bay for Monday 2-3pm from August 24-September 14.

I can/cannot help with transport.

I have seatbelts for …………children including my own children.

I will collect my child at TPT/School (please circle)

Signed ………………………………………………………… Date ………………………………

………………………………………………………………………………………..
HEALTHY WINTER WARMERS

In winter it can be easier than usual to say no to exercise and eat more energy dense, nutrient poor foods for comfort and warmth.

But this doesn’t have to be the case! Here are some ideas for healthy meals that are cheap, delicious and warming!

- Soups – Think pumpkin, vegetable, lentil, tomato or minestrone
- Toasted sandwiches – fill them with baked beans/cheese, ham/cheese/tomato or roast beef/baby spinach/tomato/avocado
- Mini Pizzas – made using English muffins, tomato paste, lean meat/veg and topped with grated cheese; cooked under the grill/in the oven
- Casseroles – pack them full of veg such as potato, carrot, peas, celery or pumpkin.