BOBS FARM PUBLIC SCHOOL
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Emergency primary phone-49822079 (As this phone is in the Primary classroom, please only use for emergencies when our secretary is not at the school).

NEWSLETTER – Mon 24th October 2015 - Term 4 Week 4

REMINDERS
Mon 26th Oct  James Sanders Music program 2-3pm Mondays
Thurs 29th Oct  Jump Off Afternoon 2.30-3pm - Parents welcome!
Fri 30th Oct  Sporting Schools Bounce Tennis Academy 12.30 - 1.30pm 7 week program
Fri 6th Nov  Basic 1st Aide K - 6 with Lloyd Cooper
Fri 13th Nov  CPR training Yr. 3 - 6 and staff 2 - 3pm, 4 - 5pm
Mon 9th - Fri 20th Nov  Intensive Swimming Scheme - Tomaree Aquatic Centre K-6 10.45am -12pm
Wed 9th Dec  Yr. 6 student dinner evening!
Thurs 10th Dec  Presentation evening 5-7pm
Fri 11th Dec  Dolphin Cruise/ Christmas picnic at Little Beach

THANK YOU - to Julie Hobson for donating Jets prizes for our Jump off session this week! Worth making an effort for!

Freedom Carpet Cleaning – Are cleaning the school’s carpets from 3pm this afternoon

Thank you - To Salamander Men’s Shed for making our lovely new child centred kitchen sink, table and bird house located in our gardens. The children are loving it!

Well done - to our wonderful students for their participation and great attitude at the NRL mixed tag gala day at Salamander Sports fields last week. We were the only school on the Tomaree Peninsular who entered, and the only small school. Other schools entered many teams and travelled from Tea Gardens, St Bridget’s Raymond Terrace and Raymond Terrace PS. The day was aimed at fun and participation and we certainly had lots of it!

WANGAT LODGE BARRINGTON ANNUAL SCHOOL EXCURSION - Student article and promotion in the RAAF Advocate on Tues 27th Oct. Keep your eyes out for it!

Highland Honey We have organised a guest presenter, Roger from Highland Honey to speak to our students next Monday from 10-11am on bee keeping. This is part of our continuing theme in sustainable kitchen garden programs and the Eco grant we successfully applied for this year. Roger will bring along all his equipment (apart from the bees!) and the students will also be able to taste test some of the honey. Any parents are welcome to attend this informative session. Roger sells his honey at the local markets most weekends, which is where I met him and cajoled him to come along to our school! We have organised the Examiner newspaper to take some photos for the next issue when our promotional brochure will also be inserted.

This term, Kindergarten Orientations will be happening in K-1-2, so please keep your eyes peeled for dates and information in the newsletter and on our Facebook page and spread the word to friends and family.

Jump Rope for Heart -
Our Jump-Off Day is fast approaching! After a 1 week postponement and a slight change of time, our Jump Rope for Heart celebrations will be taking place this Thursday (the 29th of October), from 2:30-3:00.
Students will be showcasing their fantastic skipping skills and we will have some prizes to hand out for participation, improvement and skipping effort, and fundraising. All fundraising money and forms (unless fundraising online) need to be returned to Mrs Allen on Thursday, so that she can calculate totals and work out prize recipients. We invite families and friends to help us congratulate students, and even grab a skipping rope and join in too if you wish. Thank you to all who have helped us to support the Heart Foundation.

**SWIMMING SCHEME** - All our students K-6 will participate in this from Mon 9th Nov to Fri 20th November from 11-12pm at Tomaree Aquatic Centre. Our P&C have kindly sponsored a large part of the cost of this scheme as well as our Sporting Schools program grant. All our students will attend and the more able students have stroke correction lessons. Lessons are free from the Department of Education but we have pool entry costs and transport costs to pay. To keep this to a minimum, we ask parents to assist with transport to and from the pool on the Monday and Friday of each week. Staff can help with transport on all days but we will still need parents every day as the mini bus only takes 10 students and a teacher. A mini bus and driver can be arranged for the other 6 days with an abled bodied person with a licence! Any volunteers?

Please complete the permission forms and indicate if you are able to assist with transport to and from the pool.

**Primary Homework** - Could all primary students return their Maths text so I know where they are up to after the holidays? I have not seen some for a few weeks! Please return on Friday.

**Art News** – Congratulations to the following students whose work is being hung in the Hunter Regional School Art Exhibition in Newcastle called “Face the World.”
Katea & Kaiyu Schwager, Taj Fairhall, Jack Jolly, David, Sarah and Lizzie O’Donnell, Jasmine Williams. The show has a focus on portraiture and is on at CS Studios, 738 Hunter St Newcastle (opposite the old “Bank Corner” and diagonally opposite Spotlight, it was the old Bellevue Hotel) the exhibition dates are from 7th to 28th November.
Four Primary children have their 3D masks hanging and 4 infant children have their line portraits and collages. I will let parents know as soon as I know about exactly when the exhibition opening is on if you would like to attend. If you are in Newcastle for any other reason, it’s well worth a look to support our students.

Thanks Ms. Merrilees.

**Application for Year 7 Selective High School Placements in 2017** –
For information about selective high schools and the process of placement go to: All applications are to be done online. [www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement)

Information about applying for Year 7 entry to selective high schools in 2017

**Bobs Farm History Book** - Anyone is able to contribute to our publication over the next few weeks! Email memoirs, funny stories etc. to [bobsfarm-p.school@det.nsw.edu.au](mailto:bobsfarm-p.school@det.nsw.edu.au). If you know of someone who should have a mention/ write up in our book to be published next year please have them ring the school ASAP!

**P&C Meetings** - We will have a parent meeting tomorrow **TUESDAY at 9am** to organise the end of year presentation night, school picnic and dolphin cruise details, Yr. 6 dinner, gifts etc. We also need to organise a **treasurer for P&C** banking so that the Canteen can function smoothly at the beginning of next year. Other positions can be organised early next year. Get involved in your child’s school and have lots of FUN in the process!

**CANTEEN ROSTER TERM 4 2015**

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<thead>
<tr>
<th>Date</th>
<th>Roster</th>
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<tbody>
<tr>
<td>Friday 30th October</td>
<td>Shea Hedley</td>
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<tr>
<td>Friday 6th November</td>
<td>Emma Townend</td>
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<tr>
<td><strong>Friday 13th November</strong></td>
<td>CLOSED - swim school</td>
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<tr>
<td><strong>Friday 20th November</strong></td>
<td>CLOSED - swim school</td>
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<tr>
<td>Friday 27th November</td>
<td>Kylene Barnes</td>
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<tr>
<td>Friday 4th December</td>
<td>Susan Clark</td>
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<tr>
<td>Friday 11th December</td>
<td>Shea Hedley</td>
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<tr>
<td>Friday 18th December</td>
<td>Kylene/Kirse (clean out)</td>
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Whooping cough information for schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.

- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.
Please support our school communities local businesses:

M & K Barnes Canvas & Upholstery
0432557530

Port Stephens Chiropractic & Yoga
49811664

Precise Paving & Landscaping
0478491234

Port Stephens Computer Repairs
0421204119

Daniel James Brunt Building
0403724837

Sandyhills Premium Avocados
0414242855

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Good for Kids good for life

Cool & Healthy Summer Snacks

The weather is warming up so here are some healthy snacks to keep you cool this summer:

- Frozen fruit such as berries, orange quarters and fruit kebabs
- Use moulds and low fat yoghurt to make frozen yoghurt shapes
- Make your own icy poles using 99% fruit juice and fresh pieces of fruit
- Make your own ‘ice cream’ using mashed up bananas (it’s deliciously creamy!)
- Use fruit, vegetables and low fat milk or water to make a delicious smoothie and top with plenty of ice. There are heaps of different combinations to try!